

# Contracted In-Network Health Insurance Plans: California

| KEY REGIONAL BLUECROSS BLUESHIELD PLANS             |   |  |
|---|---|--|
| BCBS Blue Card                                      | BCBS Blue Card                                  | BlueShield of California (excludes Promise Health Plan)                                |
| BCBS Federal  | Anthem BlueCross of CA (all plans and products) |  |
| NATIONAL HEALTH PLANS                               |   |  |
| Cigna (all plans & products)                        | Cigna (all plans & products)                    | Tricare-via Humana Military or Health Net Federal Services                             |
| Aetna National Preferred Laboratory                 | Cigna HealthSpring (all plans & products)       | UnitedHealthcare Community Plan - Preferred Laboratory Network                         |
| Aetna Signature Administrators PPO (ASA)            | Humana/ChoiceCare (all plans & products)        |  |
| Centene (all Centene plans)                         | Oscar Health (Preferred Laboratory)             | UnitedHealthcare - Preferred Laboratory Network  |
| REGIONAL HEALTH PLANS                               |   |  |
| Employee Benefit Management Services (EBMS)         | Employee Benefit Management Services (EBMS)     | NovaNet PPO  |
| 1199 SEIU via Aetna Signature Administrators        | Evolutions PPO                                  | On Lok Senior Health Services (PACE Plan)  |
| AARP Medicare Plans from UHC                        | Facey Medical Group                             | Oxford Health Plans  |
| Access Medical Group IPA                            | Federal and State Benefit Health Plans (FEHBP)  | Pinnacle Medical Group   |
| Advantra Freedom                                    | First Health Network                            | PreferredOne Administrative Services Inc   |
| Aetna Better Health of California                   | Government Employees Health Association (GEHA)  | PremierCare IPA  |
| Alignment Health Plan - All Plans                   | Greater Covina Medical Group                    | Provider Network of America (PNOA) -All Plans  |
| Allied Benefit Systems                              | Health Net of California (affiliate of Centene) | Railroad Medicare  |
| AmeriBen  | Health Plan of San Mateo                        | River City Medical Group   |
| Ancillary Care Services PPO                         | HealthLink PPO                                  | Saint Johns Medical Foundation   |
| Anthem CareMore Health Plan of CA                   | HealthSmart & Ancillary Care Services PPO       | Santa Clara Family Health Plan   |
| APWU Consumer Driven Option                         | Heritage Victor Valley Medical Group            | Seoul Medical Group IPA  |
| APWU High Option Plan                               | Highmark Health                                 | Sharp Health Plan  |
| Aspire Health Plan, Inc                             | Imperial Health Holdings Medical Group          | Sharp Rees-Stealy Medical Group  |
| Axminster Medical Group                             | Inland Empire Health Plan                       | The Alliance - Employer Health Care Alliance Cooperation                               |
| Boon-Chapman  | Jade Medical Group                              |  |
| Brand New Day HMO                                   | KOVA Healthcare                                 | Three Rivers Provider Network  |
| Bright Health Plan                                  | Magellan Healthcare (affiliate of Centene)      | TriWest Healthcare Alliance  |
| California Foundation for Medical Care              | MagnaCare (now Brighton Healthcare Network)     | Trustmark Companies (Trustmark, CoreSource, FMH, CoreSource, NGS CoreSource, Starmark) |
| California Health & Wellness (affiliate of Centene) | Mail Handlers Benefit Plan by Aetna             |  |
| California IPA                                      | Medi-Cal  | UMR - United Medical Resources   |
| CalOptima   | Medical Cost Containment                        | United FamilyCare (Pinnacle Medical Group)   |
| Central California Alliance for Health              | Medicare Traditional                            | UnitedHealthcare Student Resources   |
| Chesterfield Resources (admin for Salvation Army)   | MediChoice IPA                                  | United Mine Workers of America   |
| Christian Brothers Services                         | Meritage Medical Network                        | Valley Health Plans  |
| Cofinity PPO  | Meritain Health (an Aetna Affiliate)            | WebTPA   |
| Colonial Medical Insurance Company                  | Multiplan/PHCS/Beech Street PPO                 | WellCare Health Plans (affiliate of Centene)   |
| Community Care IPA                                  | National Association of Letter Carriers         | WellSpan Populations Health Services   |
| Continental Benefits                                | National General Benefits Solutions             | West Covina IPA (Greater Covina Medical Group)   |
| Contra Costa Health Plan                            | NCPN- Northern California Physicians Network    | Workers Compensation   |
| CoreSource (FirstHealth, Multiplan, PHCS)           | Nippon Life Benefits (NLIA)                     | Zelis PPO Networks (e.g. Stratose, 4MOST, HFN, PPOPlus)                                |
| Cypress Benefit Administrators                      | Northern Cal Advantage Medical Group            |  |

*Preferred Provider*



## Out-of-Pocket Health Insurance Cost Estimator

Out-of-Pocket (OOP) Insurance Cost Estimator: please scan the QR code to access our interactive cost estimator tool  
<https://www.bioreference.com/costestimator/>

Please note that the OOP amount is just an estimate and is not a confirmation of the laboratory test authorization from the health insurance plan. Contacting your health insurance provider is the most reliable source of information for your OOP estimated amount.