



BioReference  
LABORATORIES  
an **OPKO** Health Company

DIAGNOSING THE FLU  
AND OTHER RESPIRATORY  
ILLNESSES



## SEASONAL FLU

Seasonal Influenza (flu) is a contagious respiratory infection caused by viruses. It can cause mild to severe illness, and sometimes can lead to death. In the United States, flu viruses are most common during the fall and winter - beginning in October and November, peaking between December and February, and ending as late as May.

### COMMON SYMPTOMS

Common flu symptoms include:

- Cough
- Sore Throat
- Runny or Stuffy Nose
- Fever
- Body Aches
- Headache
- Chills and Fatigue

Some people may experience vomiting and diarrhea, and not all may have fever.

## DIAGNOSIS

Many respiratory infections present with similar flu-like symptoms, making it very difficult to distinguish the flu from other viral or bacterial respiratory illnesses.

The Comprehensive Respiratory Panel from BioReference detects 21 different viral and bacterial infections, and can assist your physician in accurately identifying the infectious agent causing your symptoms.

An accurate diagnosis allows your physician to make informed decisions quickly regarding your care and treatment.

*This Flu Season, speak with your physician about the Comprehensive Respiratory Panel from BioReference*

## Resources

Centers for Disease Control  
and Prevention: Flu

<https://www.cdc.gov/flu/index.htm>

World Health Organization: Influenza

<https://www.who.int/influenza/spotlight>

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